



## CAREIUM ELIZA

# HOW TO USE GUIDE



This guide is for customers and family members. It explains how to use the Careium Eliza alarm.

## HOW IT WORKS

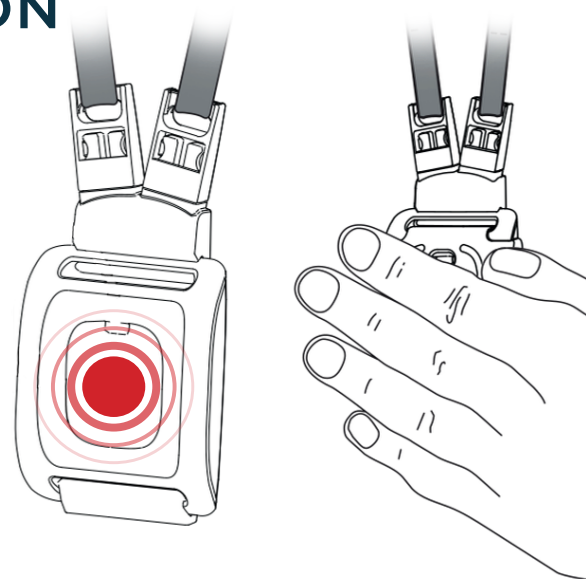
1. Press the **help button** on your pendant, wrist alarm or the Eliza unit
2. An operator will answer through the speaker
3. You can talk to them from **anywhere in the room**



## WHEN TO PRESS THE HELP BUTTON

Press the help button if you:

- Have a fall
- Feel unwell
- Need help or reassurance



## WEARING YOUR ALARM

- Wear your pendant or wrist alarm **at all times**, including at night
- It is **water resistant** and can be worn in the shower, but do not wear in the bath
- Do **not** leave your alarm on a table or in another room

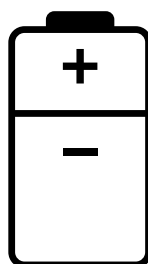
## TESTING YOUR ALARM

- Test your alarm **once a month**
- Choose an easy date to remember, such as your birthday
- Always tell the operator it is a **test call**

## IF THERE IS A POWER CUT



- Eliza has a **back-up battery**
- It will continue to work for up to 72-hours
- When power returns, it will recharge automatically

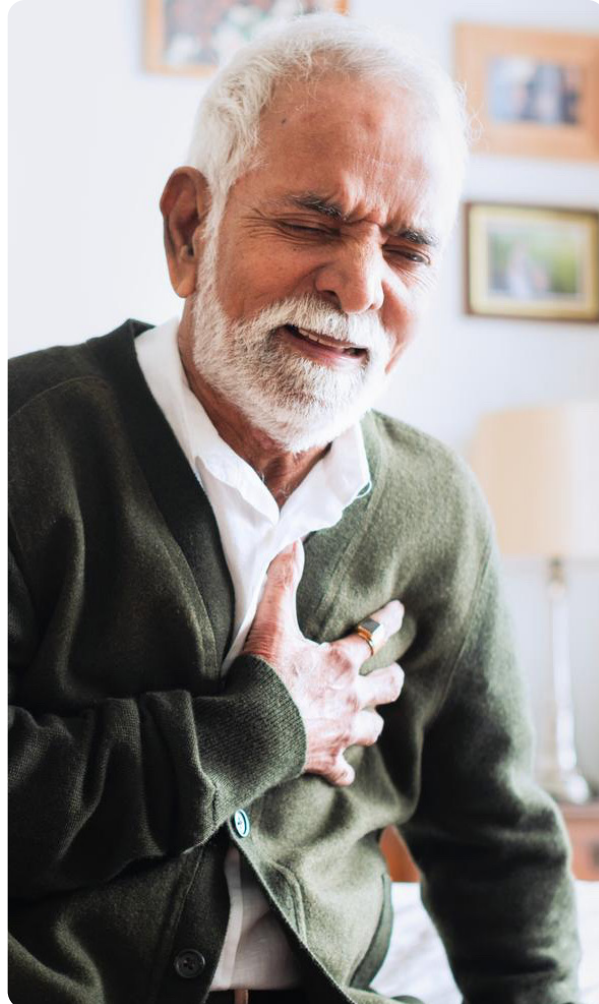


## IF THE UNIT BEEPS OR SHOWS WARNING LIGHTS

This may mean:

- Power has been unplugged
- Low battery
- Network issue

 **Please contact us if this happens**



## IMPORTANT TIPS

- Do not unplug the unit
- Do not move it without telling us
- Keep it clean and dry

## NEED HELP?

If you are unsure or something is not working:

- Please contact us on **0300 333 2222**
- We recommend you keep this guide near the lifeline unit

